

# Ten Easy Ways

## TO BE KINDER TO GOD'S CREATION



Replace toilet paper and paper towels with a recyclable, do good brand. Try [whogivesacrap.com](http://whogivesacrap.com)



Buy 100% cotton clothes or sustainable fabrics. Synthetic sits in the landfill forever.



Replace at least one cleaning product with an all natural product. Try [grove.co](http://grove.co)



Buy extra reusable water bottles for your house. No more cases of water.



Cook vegetarian one night a week to reduce your footprint on the earth.



Opt for a bamboo toothbrush over plastic.



Clear out your bookshelf and donate books and mags to a senior living facility. [Heart2HeartOutreach.org](http://Heart2HeartOutreach.org) will take them.



Switch to a cosmetic brand that is animal cruelty free. (ie, Trish McVoy)



If you buy paper napkins for meals at home, start using cloth.



If you haven't worn it in six months, give your clothes to someone who will.