



# Spiritual Sisters

## RESET

Forget the former things  
Do not dwell in the past  
See, I am doing a new thing!  
Now it springs up  
Do you not perceive it?  
I am making a way in the wilderness  
and streams in the wasteland.

Isaiah 43:18



# Spiritual Sisters Reset

Wake Up Hopeful, Every Day is New

*Lam 3:23 & Rom 15:13*

Challenge Yourself to Strengthen Your Temple

*1 Corin 6:19-20*

EnJOY and Savor the Small Things

*Ecc 9:7*

Find Your Sacred Spaces & Meet your Father Often

*Mark 1:35 & Luke 5:16*

Love Others Through Hospitality & Invite People to Your Table

*Luke 19:1-9 & Luke 10:38-39*

Find Rest, Time is on your Side when you Walk with God

*Exo 20:8*

Choose a Practice to Spark Creativity

*James 1:17*

Sleep Well, God is Singing over You

*Zeph 3:17*

Remember Truth, Reset will Increase your Peace,

Help you Grow & Make you More like Jesus.

But Nothing is Perfect this Side of Heaven.

Remembering this Truth will Help you Stay Grounded in Him  
as you RESET!